

		Full Program Membership \$3,500*	Online Membership \$1,00/year
1	All necessary program equipment	✓	
2	Online access to password protected Coach's Corner which includes the Fit Kids curriculum, fitness testing, and other program resources	✓	✓
3	Online access to the Fit Kids Video Library, comprised of bodyweight workouts, demo fitness videos, yoga poses and flows, and mindfulness practices	✓	✓
4	Access to Coach's Corner and Video Library through password-protected Fit Kids mobile app	✓	✓
5	Student access to the Fit Kids Video Library through password-protected website or mobile app.	✓	✓
6	Site visit or video conference check-in from Director of Programs	✓	
7	Ongoing phone/email program support from Director of Programs throughout the year	✓	✓
8	Two print copies of current curriculum book	✓	
9	Fit Kids banner to hang at your location	✓	✓
10	Invitation to Fit Kids annual professional development training	✓	✓

* Cost of a full program is good for one year. Program may be converted to an Online Membership upon renewal.

For more information contact:

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