



<b>PE Game: Mixed-Up Sports Relay (20 min.)</b>	
<b>Setup</b>	Designate a field of play based on the number of players.
<b>Game Instructions</b>	<ul style="list-style-type: none"><li>• Divide players into even lines and have them line up at one end of the field of play.</li><li>• The coach calls out different sports, and players must race to the opposite end of the field of play while acting as if they are playing that sport.</li><li>• The first team to finish with all players on the opposite end of the field of play wins.</li></ul> <p>*Movement Ideas: Basketball, skate boarding, bicycling, swimming, etc.</p>
<b>Cooldown</b>	Choose 3 stretches from the list of stretches to end class.