

# Fit Kids News

#### For Openers...



Please save the date of **April 30, 2019** for the inaugural Fit Kids lunch, featuring singing star Chynna Phillips and her husband, famed actor Billy Baldwin, at Sharon Heights Golf and Country Club.

This event will sell out more quickly than a Fit Kids shuttle run, so please <u>drop me a note</u> if you wish to purchase tables or individual tickets. Thank you to Carson Eltoukhy and Chandler Evans for co-chairing this event.

As excited as we are to welcome Chynna and Billy for lunch this spring, we also are up to so much more of interest and impact, so I hope you will continue reading all the news below.

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## Michael Granville Joins Honorary Board



Michael Granville -- a California high school track and field legend, who now coaches for Gunn High School -- is the most recent member to join the Fit Kids Honorary Board.

In our Q&A, Michael explains how fitness and sports helped him rise from humble beginnings and a background as challenging as that of many of the youth we currently serve. When you read Michael's words you will understand even more deeply the importance of Fit Kids' mission.



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#### Rite Aid Adds Fit Kids to KidCents Fundraiser

Throughout 2019, Fit Kids will benefit from inclusion in The Rite Aid Foundation's KidCents program, which lets Rite Aid store shoppers round



up their purchases to the nearest dollar and donate their change to kid-focused charities. <u>Here are</u> <u>instructions on how to designate your purchase</u> <u>round-ups to Fit Kids</u>.

For more information on The Rite Aid Foundation and the KidCents program as a whole, <u>click here</u>.



# Fit Kids Champs Announces Next Event, March 26



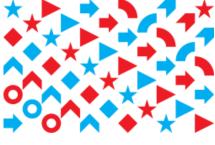
Dr. Amy Hockenbrock, MD a renowned Stanford Medicine sports doctor, will share her wisdom and insight on youth sports and fitness at our next Fit Kids Champs event, March 26th.

Bring all your questions about concussions, overuse injuries and anything else from the youth sports experience that challenges your children's bodies and minds.

To join Fit Kids Champs, fill out the form at the bottom of this page.

If you already are a Fit Kids Champs Member, please RSVP for our March 26 event.

## Fit Kids Partners with Active Schools



## Active Schools

The first step in the new national partnership between Fit Kids and <u>Active Schools</u> was an item in Active Schools' February e-newsletter, seeking applicants for free Fit Kids programs. Expanding Fit Kids' footprint beyond the Bay Area and L.A. will require a pipeline of schools and organizations expressing interest, as well as contacts with well-off schools and communities that may be able to support their less fortunate neighboring communities

As part of Active Schools' collective impact framework, Fit Kids joins more than 90 likeminded public and private sector partner organizations. Specifically, Fit Kids has committed to participating in the Active Schools working group dedicated to raising public consciousness around issues of youth inactivity.

More About our Active Schools Partnership.

Donate to Fit Kids

